

Born For The Broken
How The Gospel Inoculates Nonclinical Depression
Ephesians 1:3-12

The world's upside-down system of determining my self-worth is as follows:

- (1) What I _____ and how well I perform determines my value.
- (2) My _____ determines the type and level of acceptance I receive from others.
- (3) How I'm _____ determines my self-worth.
- (4) Self-worth then depends entirely on what I perform and how well I _____ performing it.

The Gospel is God's right-side up system that declares my self-worth.

- (1) God adopted me as one of His favored children because He loves me. - _____ !
(Ephesians 1:3-6)
- (2) Christ died for me because I'm worth that much to Him. - _____ ! (Ephesians 1:7-10)
- (3) The Holy Spirit is working in and through me so that I can accomplish things that match His glory! - _____ ! (Ephesians 1:11-12; 2:8-10)

Challenge: The Gospel only inoculates us against depression when we _____ live our lives from it. What system are you living your life in?